Cudgegong Zone Swimming Carnival

Our six zone representatives swam at the Zone Carnival at Gulgong on Tuesday afternoon.

The carnival was delayed for 40 minutes while a storm passed through, making the night a late one for our swimmers. Siobhan, Robbie, Isabella, Reese, Brandy and Abbie all performed well with Isabella placing 3rd in the Junior Girls Butterfly and Reese placing 3rd in the Junior Boys Backstroke.

Our relay team of Siobhan, Brandy, Reese and Robbie took almost a minute off their time from the Small Schools Carnival and will now compete at the Western Region Carnival in Dubbo next Friday 6th March in the Peter Dobson Relay for PPS schools.

Meet our 2015 Staff

Our school is supported by a dedicated and experienced team of educators

- Mrs Jane Rae
  Principal and 4/5/6 teacher

- Miss Danielle Wakely
  Years 2 and 3 Teacher

- Miss Rebecca Miles
  Kindergarten and Year 1 Teacher

- Mrs Julie Unicomb
  Learning Support Teacher and Primary HSIE

- Mr Grey Bray
  Computer Co-ordinator and Creative Arts

- Mrs Nerida Rodrom
  School Administrative Manager

- Mrs Sally Woods
  SLSO and QuickSmart facilitator

- Mrs Karin Meszaros
  School Learning Support Officer

- Miss Payden Lawson
  SLSO Transition Skills Program

- Mrs Sue Vella
  School Cleaner

- Mr Angus Rae
  General Assistant

- Casual Teachers
  Mr James Harding
  Mrs Gai Rayner
  Bus Run
  Mr Terry Campbell

- Religious Education
  Mrs Deidre Macnaughtan
  School Counsellor
  Ms M Freudenstien

Congratulations to our 2015 School Captain and School Leaders

- Captain-Siobhan Bastow

- School Leaders
  Thomas Roach and Lloyd Roach
TERM 1, 2015 CALENDAR

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P & C Easter Basket Raffle
Tickets are $1 each and the raffle will be drawn on the last day of Term 1, Thursday 2nd April.
Tickets are available from the General Store, the school and school families.

Next Canteen and Life Ed Sausage Sizzle
The next Canteen will be held on Friday 6th March. A sausage sizzle will be held on the day of the Life Education Van visit on Tuesday 10th March. Orders for both need to be back at school by Tuesday 3rd March.
Money for the sausage sizzle can come back to school on Tuesday 10th March.
Orders are attached to this newsletter.

A BIG congratulations and best wishes to Hannah and Peter Colley on the birth of Annabelle Hope.

Like us on Facebook! Invite your family and friends and keep up to date with school happenings!

When older kids struggle with reading
Should you let your reluctant teen reader choose magazines over books? If your child is still struggling to read and write, and they’re heading into high school, there are ways to get them on the right page.

NUDE FOOD - Sushi Sandwiches
2 Serves
- 1 small cucumber
- ½ avocado
- 175g can tuna in spring water
- 1 tablespoon low fat mayonnaise
- 4 slices of multigrain bread
- Reduced fat cream cheese

1. Cut cucumber and avocado into long thin strips.
2. Drain tuna and break it up with a fork into smaller chunks.
3. Add 1 tablespoon of mayonnaise to the tuna and mix through.
4. Place bread on a cutting board and cut the crusts off.
5. Flatten each piece with a rolling pin.
6. Thinly spread cream cheese over the entire piece of bread.
7. Arrange assorted fillings in rows over the bread but leave a 1 cm space on one side.
8. Roll the sushi up tightly to keep it together. Cut each sushi roll into 3 pieces.

Other fillings to try: Chicken, avocado and salad: Chicken, Mexican salsa, grated cheese and salad: Egg, lettuce and cream cheese: Ham, tomato, carrot and cream cheese

Student of the Week

Rickie Condren
For excellent reading

Kristie Condren
For a wonderful effort learning about "greater than" and "less than" in Maths

Thomas Roach
For commitment to all subjects